



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER **NEWSLETTER**

ISSUE NO-3 | APR 2024

Message from the President



Dear Esteemed Members,

I am delighted to connect with you all through this newsletter. It brings me great pride to announce the successful registration of our TN-IPS house, achieved through the swift collection of funds. My heartfelt gratitude goes out to all our contributing members for their invaluable support. Importantly, our funds were solely sourced from our members, without any contributions from pharmaceutical companies, affirming our commitment to self-sufficiency. As we embark on the next phase, we aim to undertake interior enhancements and encourage generous contributions to further enhance our TN-IPS house.

Our dedication to academic pursuits remains unwavering, evidenced by our regular participation in Enrich webinars and RCBC programs. The active involvement of our members and postgraduates serves as a testament to our collective enthusiasm and engagement.

In line with our holistic approach to member welfare, TN-IPS is proud to introduce the TN-IPS Fitness Club, aimed at promoting physical well-being among our members. We are providing certificates to acknowledge their achievements, with plans to award Medal to those who complete the task by June 2024.

I extend my heartfelt appreciation to my cabinet team and all members for their steadfast support in realizing the objectives outlined during my presidential acceptance speech.

With warm regards,
Dr. C. Panneer Selvan
President
TN-IPS



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

APR 2024

Message from the Editorial Desk

Dear Esteemed Members,

Welcome to the third edition of the TN-IPS quarterly newsletter! It's a privilege to connect with you and share the exciting developments happening within our esteemed association.

On behalf of the TN-IPS Newsletter Committee, we extend our heartfelt gratitude to our President, Dr. C. Panneer Selvan and the entire cabinet for their dedicated leadership. We also express our sincere appreciation to all our valued members for your support and valuable contributions to the newsletter.

This quarter brings a landmark achievement: the successful registration of our TN-IPS house! This wouldn't have been possible without the swift and generous contributions from each and every member. Our commitment to academic excellence remains strong. We're proud to see the active participation of our members and postgraduates in enriching programs like Enrich webinar and RCBC initiatives. Inside this edition, you will find updates regarding the accomplishments and further plans from the various subcommittees of our TN-IPS.

This newsletter is a testament to the collective spirit and progress within TN-IPS. We look forward to sharing more updates and successes in the upcoming quarters.

Sincerely,

The TN-IPS Newsletter Committee



Dr. S. Aswath Babu
Operational Editor
(9003500266)



Dr. E. Sivabalan
(9962017274)



Dr. M. Ajoy
(8015974390)



Dr. S. Shankar
(8807286440)



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

APR 2024

TN-IPS Office Bearers

President



Dr. C. Panneer Selvan

Sneha Mind Care Hospital
No. 12, South Bypass Road,
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Mobile: 9842131550
Mail: panneerpsychiatrist@gmail.com

Vice President



Dr. R. Sabrin Ross

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Madurai - 625016.
Mobile: 9677332552
Mail: drsabinross@gmail.com

EX-OFFICIO Imm. Past President



Dr. M. Malaiappan

Mobile: 9840088572
Mail: mmalaiappan@gmail.com

General Secretary



Dr. T. Siva Ilango

Mobile: 9444031263
Mail: secretary.tnips@gmail.com

Treasurer



Dr. S. Sivasailam

Mobile: 9443128803
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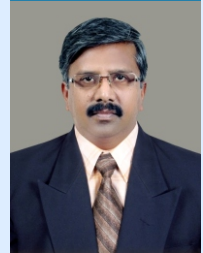
Honorary Editor



Dr. R. Arul Saravanan

Mobile: 9500116003
Mail: arulpsg@gmail.com

TN Representative to IPS SZ



Dr. C. Sadhanand

Mobile: 8056464127
Mail: drsadamobi@gmail.com

Executive Committee Members



**Dr. S.
Neelakandan**
(9840109347)



**Dr. K.
Sathyamoorthy**
(9443379581)



Dr. R. Endumathi
(9994473174)



**Dr. R. Karthik
Deivanayagam**
(9442532727)



**Dr. M. Lakshmi
Prabha**
(9916569632)



Dr. M. SreePrathap
(9884720234)



**Dr.
K. Radhakrishnan**
(9443355726)



**Dr. S. Ganesh
Kumar**
(9843153682)



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

APR 2024

Sub Committee Members

Awards Committee

Chairperson: Dr. M. Malaiappan (9840088572)

Tribunal Committee

Chairperson: Dr. Y. Arul Prakash (9443450618)

Members : Dr. T. Kumanan (9843165135)
Dr. V. Sabitha (9443091559)

Constitution Committee

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Members : Dr. R. Sabrin Ross (9677332552)
Dr. N. Arun Kumar (9944964102)
Dr. C. Sadhanand (8056464127)

Scientific Committee

Chairperson: Dr. P. P. Kannan (9444057273)

Members : Dr. Vikas Menon (9894410296)
Dr. E. Sivabalan (9962017274)
Dr. Noorul Hasan (9600501653)
Dr. Abirami (9894872425)
Dr. Arulvarman (6383791418)

Journal Committee

Chairperson: Dr. R. Arul Saravanan (9500116003)

Members : Dr. J. Jaya Prakash (9443011234)
Dr. Jayakumar Menon (7708577755)
Dr. O. T. Sabari Sridhar (9443557921)
Dr. Sharon J Daniel (9841492757)
Dr. R. Shinika (9786083414)

RCBC Committee

Chairperson: Dr. S. Neelakandan (9840109347)

Members : Dr. G. Ramanujam (9443321004)
Dr. N. Balasubramani (9952285540)
Dr. Vijaya Raghavan (9043705687)
Dr. S. Bevin (988460705)
Dr. Vanisree (840146727)

Women Empowerment Committee

Chairperson: Dr. V. Sabitha (9443091559)

Members : Dr. P. Poorna Chandrika (9840370603)
Dr. M. V. Preethi (9442578963)
Dr. S. Gajalakshmi (9486538474)
Dr. M. Sophia (9443647102)

Sports Committee

Chairperson: Dr. S. Mohan Raj (9381014306)

Members : Dr. S. Sudhakar (9884467411)
Dr. R. Dinesh Kumar (9840312582)

TN-IPS Newsletter Committee

Chairperson: Dr. E. Sivabalan (9962017274)

Members : Dr. S. Aswath babu (9003500266)
Dr. M. Ajoy (8015974390)
Dr. S. Shankar (8807286440)



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

APR 2024

Sub Committee Members

Membership Committee

Chairperson : Dr. S. R. Nirmal (9150636699)

Members : Dr. A. Karthikeyan (9788694837)
Dr. M. Manjula Devi (8903309411)
Dr. Vignesh (9944406776)
Dr. D. Santhosh Gandhi (7358389295)

Spirituality and Yoga Committee

Chairperson : Dr. G. A. Viswanathan (9842132288)

Members : Dr. ESM. Saravanan (9443042228)
Dr. L. Sriram (9444758295)

Website Committee

Chairperson : Dr. C. Sadhanand (8056464127)

Members : Dr. I. Anand (9600413263)
Dr. Iqbal Sheriff (9842493868)
Dr. Baskar (9842795544)

Govt.Liason Committee

Chairperson : Dr. R. Karthik Deivanayagam (9442532727)

Members : Dr. V. Gurumoorthy (9486118495)
Dr. M. B. Abdul Rahuman (7598646606)
Dr. Uma Maheswari (9663335134)
Dr. S. Abu Backer (8940503801)

Community Awareness Committee

Chairperson : Dr. Venkateswaran (9942236132)

Members : Dr. K. Sathyamoorthy (9443379581)
Dr. Pavithra Mony (8754034043)
Dr. Arvind Rengarajan (9944618595)
Dr. M. Prabavarani (9486849157)
Dr. A. R. Shanmuga Priya (9487524175)

TN-IPS Building Committee

Chairperson : Dr. S. Sivasailam (9443128803)

Members : Dr. J. Babu Balasingh (9842475565)
Dr. N. Arun Kumar (9944964102)
Dr. P. P. Kannan (8248260624)
Dr. K. Radhakrishnan (9443355726)
Dr. M. Sree Prathap (9884720234)
Dr. Balaji (KMC) (9597726111)

MH Establishment Committee

Chairperson : Dr. K. Ramakrishnan (9894722221)

Members : Dr. K. Venkatesh Kumar (9865685050)
Dr. R. Suresh Kumar (9894700624)
Dr. S. Ganesh Kumar (9843153682)
Dr. Babu (9489900900)

Public Relation Committee

Chairperson : Dr. C. Paneerselvan (9842131550)

Members : Dr. R. Karthik Deivanayagam (9442532727)
Dr. K. Radhakrishnan (9443355726)

Youth Mental Health Committee

Chairperson : Dr. Vijaya Raghavan (9043705687)

Members : Dr. Srikrithika M (8903887233)
Dr. Shiva prakash srinivasan (9380055736)
Dr. Pavithra Arunachaleeswaran (9840733338)
Dr. Usha Nandhini (9489871613)



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

APR 2024

History of TN-IPS

The Indian Psychiatric Society, the national organization of psychiatrists in India, was founded on 7th January 1947 during the Indian Science Congress meeting held in New Delhi with 15 of its founder members. The first national conference of the Society and AGBM was held at Patna on 2nd January 1948 with Dr. N. N. De as President. The society was registered after forming the constitution and Bylaws in Dec 1948 making IPS, the 4th oldest professional organization of the nation.

The IPS currently represents the largest society of mental health professionals in India & works on health advocacy, social activism, policy formulation & medical research in the field of mental health. It has now grown to a membership of above 7000 specialists.

The seed for forming a state level branch originated in 1984 when Dr. Abdul Jabbar from Salem organized TN Psychiatrists meet at Salem with Dr. Sarada Menon as Chief Guest. Like a conference, he also organized paper presentation in that meet. The senior psychiatrists who attended felt the need to form a state level branch of the national body.

Indian Psychiatric Society Tamil Nadu Chapter was founded in the year 1986 in the presence of Prof O. Somasundaram and Dr. Vaidyalingam with six of its founder members including Dr. V. Ramachandran, Chennai, Dr. Abdul Jabbar, Salem, Dr. TN. Jayaraman, Coimbatore, Dr. V. Palaniappun, Chennai, Dr. Mathrubootham, Chennai and Dr. S. Nambi, Chennai. Dr. TN. Jayaraman organized the first ever official conference in Agricultural college, Coimbatore. 25 Psychiatrists immediately became members by paying the membership fee, constitution and bylaws were formed in that meet.

Since its formation, major membership drive done in the annual conference held in Chennai in 1990 with Prof Peter Fernandez as the organizing Chairman and Organizing Secretary Dr S Nambi. All practicing psychiatrists except two attended and first ever membership directory and Souvenir was released in that conference.

Tamil Nadu had active representation in the national body with Dr. T. George as the Hon. General Secretary in 1960's. Prof O. Somasundaram became the President of IPS in 1983. After the formation for TN Chapter, Dr. V. Ramachandran, Dr. V. Palaniappun, Dr. R. Ponnudurai, Dr. S. Nambi, Dr. M. Thirunaaukarasu and Dr. T. V. Asokan have become national president from the state of Tamil Nadu.

IPS TN Chapter has been registered with the Registrar of Societies in the year 2016. The membership has steadily increased over the years and currently more than 600 members are part of the TN state branch.

I request all the members to show solidarity, share your concerns, actively take part in discussion and strengthen the society's activities. Society is not separate entity but reflection of the attitude of its members.

Dr. Siva Ilango T
Hon. General Secretary
TN-IPS




INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

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ENRICH Webinar

We are thrilled to announce the tremendous success of the ENRICH Webinar series! Launched with the goal of supporting the professional development of our young psychiatrists, ENRICH Webinars have fostered a vibrant community of learning and collaboration.

Held on the second Tuesday of each month, these webinars provide a valuable platform for knowledge sharing, mentorship and networking among the members. We encourage you to stay tuned for upcoming sessions and actively participate in this enriching initiative.

**INDIAN PSYCHIATRIC SOCIETY**
TAMIL NADU CHAPTER
Enrich Webinar
IPS TAMILNADU CHAPTER

Dr. C. Panneer Selvan President	Dr. T. Siva Ilango Secretary	Dr. S. Sivasailam Treasurer
Dr. R. Sabrin Ross Vice President	Dr. R. Arul Saravanan Editor	Dr. C. Sadhanand TN Representative to IPS SZ



Chairperson:
Dr. Sabitha, MD, Professor of Psychiatry,
Stanley Medical College, Chennai.


Moderator:
Dr. Kailash, MD, Prof & HOD, Dept of Psychiatry,
Chettinad Medical College, Chennai.

Sessions:
Topic 1: "Perinatal Psychiatry - Current trends"
Dr. R. Srinidhi, MD, DNB, Consultant Psychiatrist, KMCH, Coimbatore.
Topic 2: "An overview of current trends in liaison psychiatry"
Dr. Balaji, MD, Assistant Professor of Psychiatry, KMC, Chennai.

SCIENTIFIC COMMITTEE

Dr. P.P. Kannan	Dr. Vikas Menon	Dr. E. Sivabalan
Dr. S.A. Noorul Hasan	Dr. V. Abirami	Dr. P. Arulvarman

 **JANUARY**
09
 **08.00 Pm**
to **09.00 pm**
Zoom Meeting ID:
595 370 7078
Passcode:
eastwest

**INDIAN PSYCHIATRIC SOCIETY**
TAMIL NADU CHAPTER
Enrich Webinar
IPS TAMILNADU CHAPTER

Dr. C. Panneer Selvan President	Dr. T. Siva Ilango Secretary	Dr. S. Sivasailam Treasurer
Dr. R. Sabrin Ross Vice President	Dr. R. Arul Saravanan Editor	Dr. C. Sadhanand TN Representative to IPS SZ



Chairperson:
Dr. Raman, MD,
Professor of Psychiatry, Saveetha Medical College, Chennai.

Moderator:
Dr. Santhosh Gandhi Dontham MBBS, MRCPsych (UK), CCT (UK)
Senior Consultant Psychiatrist at Donthams Specialty Clinic, Coimbatore.

Sessions:
Topic 1: "Dementia care services in TN - care pathways and referral networks"
Dr. Anusha Kumaravelu, MD
Consultant Psychiatrist, Dementia Care Team, SCARF, Chennai.
Topic 2: "Gut Brain Axis"
Dr. C. Babu, MD
Consultant Psychiatrist, Sri Gokulam Hospital, Salem.

SCIENTIFIC COMMITTEE

Dr. P.P. Kannan	Dr. Vikas Menon	Dr. E. Sivabalan
Dr. S.A. Noorul Hasan	Dr. V. Abirami	Dr. P. Arulvarman

 **FEBRUARY**
13
 **08.00 Pm**
to **09.00 pm**
Zoom Meeting ID:
595 370 7078
Passcode:
eastwest

**INDIAN PSYCHIATRIC SOCIETY**
TAMIL NADU CHAPTER
Enrich Webinar
IPS TAMILNADU CHAPTER

Dr. C. Panneer Selvan President	Dr. T. Siva Ilango Secretary	Dr. S. Sivasailam Treasurer
Dr. R. Sabrin Ross Vice President	Dr. R. Arul Saravanan Editor	Dr. C. Sadhanand TN Representative to IPS SZ

Chairperson:
Dr. SIVARAMAN.S MD,
PROFESSOR & HOD
Dept. of Psychiatry
SRM Medical College Hospital & Research Centre, Trichy.

Sessions:
Topic 1: "Opoid substitution therapy (OST)"
Dr. Swetha Raghavan
Senior Consultant Psychiatrist
Aithya Mind Centre,
Chennai.
Topic 2: "Deconstruction of dissociative disorder in child and adolescent"
Dr. K. Ronald Roy, MD
Associate Professor
Department of Psychiatry,
SRM Medical College & Research Centre,
Trichy.

SCIENTIFIC COMMITTEE

Dr. P.P. Kannan	Dr. Vikas Menon	Dr. E. Sivabalan
Dr. S.A. Noorul Hasan	Dr. V. Abirami	Dr. P. Arulvarman

 **MARCH**
12
 **08.00 Pm**
to **09.00 pm**
Zoom Meeting ID:
663 481 0255
Passcode:
eastwest

Scientific committee



Dr. P. P. Kannan
(9444057273)



Dr. Vikas Menon
(9894410296)



Dr. E. Sivabalan
(9962017274)



Dr. Arulvarman
(6383791418)



Dr. Abirami
(9894872425)



Dr. Noorul Hasan
(9600501653)



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

APR 2024

TN – IPS RCBC Programme

The Research Capacity Building Committee (RCBC) is elated to announce the flourishing success of our monthly webinar series!

Consistently **held on the fourth Saturday of each month**, these webinars have become a valuable resource for postgraduate students and young psychiatrists across the state. By combining expert lectures with interactive journal club discussions, the program fosters a dynamic learning environment that equips the participants with the tools and knowledge they need to excel in research. The positive response from participants underscores the program's effectiveness in supporting the development of research capacity in Tamil Nadu.

INDIAN PSYCHIATRIC SOCIETY
TAMIL NADU CHAPTER
RESEARCH CAPACITY BUILDING COMMITTEE (RCBC)
STATEWIDE JOURNAL CLUB AND LECTURE SERIES
JANUARY 2024

Saturday, 13th JAN 2024 @ 2.30 pm

TIME	ACTIVITY	RESOURCE PERSONS
2.30-2.35PM	Setting up the meeting	Dr. Bevin. S
	Introduction of the speaker:	Dr. Noorul Hasan
2.45-3.00PM	Journal article presentation	Dr. B. Vishul, MMC Dr. M. Palaniswamy, MMC
3.00-3.40PM	Critical evaluation by participant Pgs & Speaker's view	Moderators: Dr. G. Vanishree Dr. S. Shanmugapriya
3.40-4.10PM	Topic : Qualitative studies in Psychiatric research - an introduction	Dr. Subhashini K Rangarajan
4.10-4.15PM	Winding up & vote of thanks	Dr. Bevin. S

Dr. Subhashini K Rangarajan
MD, DNB, FIPsyr,
PhD Clinician Scientist,
India ENIGMA Initiative
(NIMHANS), Bengaluru.

IPS-TN Chapter - Office Bearers
Dr. C. Panneer Selvan
Dr. R. Sabarin Ross
Dr. T. Siva Ilango
Dr. S. Sivasailam
Dr. R. Arul Saravanan
Dr. C. Sadhanand

Zoom Meeting ID: 663 481 0255
Passcode: eastwest

IPS-TN Chapter - RCBC Committee
Dr. S. Neelakandan
Dr. G. Ramanujam
Dr. S. Arumuganathan
Dr. Vijaya Raghavan
Dr. S. Bevin
Dr. G. Vani Shree
Dr. S.A. Noorul Hasan

INDIAN PSYCHIATRIC SOCIETY
TAMIL NADU CHAPTER
RESEARCH CAPACITY BUILDING COMMITTEE (RCBC)
STATEWIDE JOURNAL CLUB AND LECTURE SERIES
24th February 2024 - Saturday 2.30 - 4.30 pm

TIME	ACTIVITY	RESOURCE PERSONS
2.30-2.35PM	Setting up the meeting Introduction of the speaker:	Dr. Bevin. S IMH Chennai
2.45-3.00PM	Journal article presentation Presenters: Dr. R. Meenakshi Dr. U. Indru Priyadarshini Final year postgraduates Thanjavur medical College	Moderators: Dr. G. Vanishree Dr. S. Shanmugapriya
3.40-4.10PM	Topic : Alcohol related research in India: An Overview	Speaker: Dr. Venkata Lakshmi Narasimha
4.10-4.15PM	Winding up & vote of thanks	Dr. Noorul Hasan

Dr. Venkata Lakshmi Narasimha
MD, PDF, DM in Addiction Psychiatry NIMHANS, Bengaluru
ISAM Certification in Addiction Medicine ISAM, Canada
Assistant Professor Centre for Addiction Medicine, NIMHANS

IPS-TN Chapter - Office Bearers
Dr. C. Panneer Selvan Dr. R. Sabarin Ross Dr. T. Siva Ilango
Dr. S. Sivasailam Dr. R. Arul Saravanan Dr. C. Sadhanand

IPS-TN Chapter - RCBC Committee
Dr. S. Neelakandan Dr. G. Ramanujam Dr. S. Arumuganathan
Dr. Vijaya Raghavan Dr. S. Bevin Dr. G. Vani Shree Dr. S.A. Noorul Hasan

Zoom Meeting ID: 663 481 0255
Passcode: eastwest

INDIAN PSYCHIATRIC SOCIETY
TAMIL NADU CHAPTER
RESEARCH CAPACITY BUILDING COMMITTEE (RCBC)
STATEWIDE JOURNAL CLUB AND LECTURE SERIES
23rd March 2024 - Saturday 2.30 - 4.30 pm

TIME	ACTIVITY	RESOURCE PERSONS
2.30-2.35PM	Setting up the meeting Introduction of the speaker:	Dr. Bevin. S IMH Chennai
2.45-3.00PM	Journal presentation Dr. Abinaya (3rd yr. PG) Dr. Selva Meenakshi (2nd yr. PG) SRM Medical College	Moderators: Dr. Vanishree, IMH, MMC Dr. Ramya Rachel, SRM
3.40-4.10PM	Topic : Basics of EEG for psychiatrist	Speaker: Dr. Umesh S M.B.B.S., D.P.M., M.D. Associate Professor of Psychiatry, Central Institute of Psychiatry, Ranchi.
4.10-4.15PM	Winding up & vote of thanks	Dr. Noorul Hasan.

Dr. Umesh S
M.B.B.S., D.P.M., M.D.
Associate Professor of Psychiatry,
Central Institute of Psychiatry, Ranchi.

IPS-TN Chapter - Office Bearers
Dr. C. Panneer Selvan Dr. R. Sabarin Ross Dr. T. Siva Ilango
Dr. S. Sivasailam Dr. R. Arul Saravanan Dr. C. Sadhanand

IPS-TN Chapter - RCBC Committee
Dr. S. Neelakandan Dr. G. Ramanujam Dr. S. Arumuganathan
Dr. Vijaya Raghavan Dr. S. Bevin Dr. G. Vani Shree Dr. S.A. Noorul Hasan

Zoom Meeting ID: 663 481 0255
Passcode: eastwest

RCBC Committee



Dr. S. Neelakandan
(9840109347)



Dr. G. Ramanujam
(9443321004)



Dr. N. Balasubramani
(9952285540)



Dr. Vijaya Raghavan
(9043705687)



Dr. S. Bevin
(988460705)



Dr. Vanisree
(840146727)



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

APR 2024

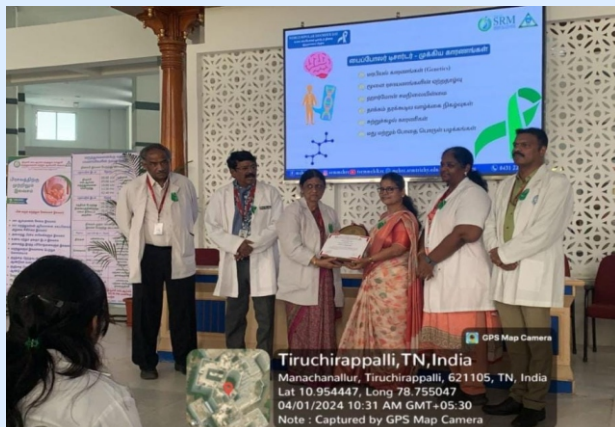
ACTIVITIES



Clinic-to-Community workshop on Youth Mental Health, jointly organized by TN-IPS and SCARF at Madurai.



TKTT Psychiatrists Academic meet.



World Bipolar Day event conducted at Trichy SRM Medical College.



Dr. Endumathi Receiving appreciation award from IMA Coimbatore.



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

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Dr. C. Panneer Selvan and Dr. Arvind Rengarajan at a free medical camp and mental health awareness program for students at Holycross International School, Tirunelveli.



Dr. Pavithra Mony addressing antenatal mothers about the importance of mental health during pregnancy at a primary health centre in Coimbatore.



Life Skills Training session on "Self-esteem Building" for adolescents at Lotus Home, Salem. Organised by Dr. Shinika and team, SKS Hospital and Postgraduate Medical Institute, Salem.



Dr. Sivasailam addressing on the topic of Healthy Retirement, to the employees of Department of Atomic energy, Govt of India.



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

APR 2024

ANNOUNCEMENTS

1. Announcement of TN-IPS Building Committee

History is Made! We Have a New Home!

The TN-IPS Building Committee is thrilled to announce a significant milestone achieved through your unwavering support! We are proud to inform you that we have successfully purchased a new building for the TN-IPS!

This accomplishment wouldn't have been possible without the dedication and contributions of each and every member. The funds you generously provided have directly translated into securing a permanent space for our organization.



Landmark occasion of registration of
TN-IPS House!



Infront of our New House.



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

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This new building will provide us with a dedicated space for:

- Permanent office of TN-IPS
- Hosting meetings and events
- Streamlining operations
- Fostering a sense of community among members

The plan for renovation and modifications to setup an office is currently in progress. We invite further contributions for the same. The bank account details for being part of the project is given below.

Indian Psychiatric Society Tamilnadu chapter Ac No 63602010111712
current account Canara Bank,
Tiruchirappalli branch IFS code CNRB0016360
(fifth digit is Zero) MICR 620015051



We will also be scheduling an inauguration ceremony to celebrate this momentous achievement together. We look forward to sharing this new space with you soon.

TN-IPS Building Committee



Dr. S. Sivasailam
(9443128903)



Dr. J. Babu
Balasingh
(9842475565)



Dr. N. Arun
Kumar
(9944964102)



Dr. P.P. Kannan
(8245260624)



Dr.
K. Radhakrishnan
(9443355726)



Dr. M. Sree
Prathap
(9894720234)



Dr. Balaji (KMC)
9597726111



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER **NEWSLETTER**

APR 2024

2. Announcement for Submission of Articles to the Indian Journal of Mental Health and Neurosciences (IJMHNS)

The editor of the Indian Journal of Mental Health and Neurosciences (IJMHNS) invites submissions of original research articles, review articles, and case reports for publication in the upcoming issue.

Submission Guidelines

- Articles should be submitted electronically through the IJMHS website [refer to IJMHS website for submission instructions].
- Articles must adhere to the journal's author guidelines, available on the IJMHS website.
- You can find more information about the journal, including its aims and scope, on the IJMHS website <http://www.ijmhns.com/>.

We encourage researchers working in all fields of mental health to submit their work for consideration.

Journal Committee



Dr. R. Arul Saravanan
(9500116003)



Dr. J. Jaya Prakash
(9443011234)



Dr. Jayakumar Menon
(7708577755)



Dr. O. T. Sabari Sridhar
(9443557921)



Dr. Sharon J Daniel
(9841492757)



Dr. R. Shinika
(9786083414)



Dr. S. Aswath Babu
(9003500266)



INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER NEWSLETTER

APR 2024

3. Announcement of Sports & Fitness Committee

The TN-IPS Sports & Fitness Committee is proud to announce the successful issuance of appreciation certificates to our members who actively participated in recent fitness activities.

We are committed to promoting a healthy and active lifestyle among our members, and we deeply appreciate the dedication and enthusiasm shown by these individuals. Their commitment serves as an inspiration to others and contributes to a positive and well-rounded IPS community in Tamil Nadu.



Congratulations to all the active participants!

We encourage all TN-IPS members to continue their pursuit of physical well-being and participate in future fitness initiatives organized by the committee.

TN-IPS Sports & Fitness Committee



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INDIAN PSYCHIATRIC SOCIETY TAMIL NADU CHAPTER **NEWSLETTER**

APR 2024

UPCOMING EVENTS

TANPSYCON 2024 to be held at Coimbatore on July 2024.

39th Annual Conference of
Indian Psychiatric Society
Tamilnadu - Chapter

**TANPSYCON
2024**

New Frontiers of Psychiatry

**JULY
27th 28th
2024**

Venue :
Jenneys Residency,
Coimbatore

Hosted by
TN IPS-KONGUNADU BRANCH
Coimbatore

Registration
will Open
Shortly

ENRICH WEBINAR – 2nd Tuesday Of Every Month.

RCBC PROGRAM – 4th Saturday of Every Month.

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Diabetology, Cardiology, Neuropsychiatry,
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Aripiprazole
5 mg / 10 mg /
15 mg / 20 mg / 30 mg
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Clopam
Clonazepam 0.25 mg (**ODT**) /
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